

Inclusion Contact: How to Be a Good Ally - Identity, Privilege, Resistance



Allyship is an active process. Watch this video to learn about active ways you can be a good ally.

Watch [How to Be a Good Ally - Identity, Privilege, Resistance](#).



Video Length: Stop at 5:35

Discussion

- What does being an ally mean to you?
- What resources do you use to continuously learn?
- In what ways have you spoken up for others?
- What strengths, assets, and/or resources do you have that you can utilize to ally for others?