

# Inclusion Contact: The Problem with Saying Nothing



Being an ally is not easy work. For many fear is the biggest factor in truly becoming an ally – the fear of doing something wrong, the fear of saying something wrong. But there is a problem with saying nothing as well. Ellen and tWitch discuss this very thing.

Watch [this clip of Ellen's show](#). *Video Length: 6:57*

## Discussion

- What were your thoughts / reactions to this clip?
- tWitch says a non-stance is a stance. Discuss what this means to you and how you've seen this in action.
- Not needing to be perfect was mentioned many times. How can we as a team (family, organization, or unit) create a space where we feel comfortable speaking, even knowing mistakes will be made?
- Learning comes with practice. How can we view feedback as a gift, so that we can all learn to be better allies?
- It was said "When you know better, you do better." How can we become better educated on issues facing our co-workers, work, and communities?